

## Healthy Living Pharmacy, Health Champions – One Page Summary

December 2018

Manchester

GM Healthcare Academy organised a free two-day Health Champions training course to help Greater Manchester pharmacies achieve the HLP Level 1 Quality Payment. One requirement of HLP is that each pharmacy has one member of staff who has completed the RSPH Level 2 Understanding Health Improvement course.

The course aims to enable participants to gain a better understanding and appreciation of how inequalities in health may develop and the current policies for addressing these. It provides attendees with the knowledge and understanding of the principles of promoting health and well-being and equips them to support patients/customers in trying to adopt a healthier lifestyle.

The event is aimed at pharmacy staff and was attended by 17 delegates. All delegates passed the exam, which is taken on the final day, and received the RSPH Level 2 Understanding Health Improvement qualification.

### Event Feedback



***“Informative fun day - really enjoyed every minute and gained lots of tools to take away”***

### What did the sessions cover?

- Health inequalities – targeted specifically on Greater Manchester
- Communication skills
- How to promote health and well-being improvements
- How to impact behavioural changes
- Healthy Living Pharmacy Framework
- National and Local Health Campaigns

### Summary

The events were successful and extremely well received, with all delegates stating they felt confident they could utilise the skills learnt.

80% of respondents said the event was better than expected, with the other 20% saying it was as expected. The comments received were positive and suggest that the attendees found it to be very useful and that the trainer delivered the workshop effectively so that their understanding of health and wellbeing had improved.

***“An excellently delivered training course due to the range of techniques used, i.e. personal stories, experiences easy to remember, relatable examples. Overall it was engaging, the speaker made us feel at ease.”***